

End of Half-Term Parent Bulletin

A Message from the Headteacher

Last week, this year's GCSE examinations began. As you and I know, it's one of the most important periods of time in a child's life.

Exams can be a stressful and overwhelming experience for some students, but with the right approach and mindset, they can also be an opportunity for personal-growth and academic success.

Students' attitudes towards the exams have been fantastic. It has been humbling to see them demonstrating two of our school values - confidence & character, as they have embraced this important challenge with maturity and focus.

I would like to thank the rest of the school community, who have been considerate and supportive, in terms of keeping quiet in certain areas, and also for accommodating room changes/adjustments to enable our Year 11s to concentrate on their exams without disturbances.

It has been a privilege to show many colleagues, from Cornwall and the Southwest, around Poltair recently. We really do have so much to celebrate and be proud of, and that is largely down to students engaging in learning and bringing such positive attitudes to school each day.

It has been another busy half term, with lots to celebrate. There are some wonderful examples in this newsletter of what can happen when a student strives to get the most out of their time at Poltair, I hope you enjoy reading about the various things that have been going on outside of the classroom.

With the recent spell of sunny weather, it's finally starting to feel like the long-awaited summer months are approaching! I would like to wish you all, and especially Year 11, a relaxing half-term break, I hope the sun shines and you all stay safe.

"Believe you can and you're halfway there."

- Theodore Roosevelt

"The only limit to the height of your achievements is the reach of your dreams and your willingness to work for them."

- Michelle Obama

"The expert in anything was once a beginner."

- Helen Hayes



Some of this Half Term's Highlights...



Bath University Trip

Last month, students from Year 10 were given the opportunity to visit Bath University, where they spent the day touring the university's Olympic-standard sports facilities and meeting high-performance athletes.

One of the day's talks came from Jayda Pechova, a member of the Bath Netball Team. Jayda, an accomplished athlete, also played for England in the 2021-22 Netball season. Our students also got to take part in sport-specific sessions, which incorporated agility, speed and hand/eye co-ordination.

After a very exciting day, they got to watch Team Bath play in the Netball Super League against the Celtic Dragons, which ended in a 56-53 win to Team Bath!

A great day was had by all, and the students represented themselves, and the school, impeccably.



Ten Tors, 2023

We would like to say a big well done to Poltair students Ipsa, Evan and George, who recently completed the Ten Tors Challenge.

Ten Tors changes students forever; it teaches them the real meaning of teamwork, determination and resilience, and gives them an inner strength that will help see them through many of the challenges they will face in life.

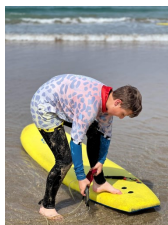
Completing the Ten Tors Challenge is a testament to their strength, both physical and mental, and a result of their dedication to the training they all did in preparation for the event. Well done!



Beach Fun

Last week, a group of our students attended the Cornwall School Games Beach Festival at Fistral Beach, Newquay.

The students had a fantastic time taking part in a range of fun activities, including surfing, tag rugby and surf relay!



Geography Field Trip



Last term, Year 11 Geography students were given the opportunity to undertake a fieldwork expedition, as part of their GCSE Geography course.

The sun was shining as they set off for the Royal William Yard in Plymouth, to assess the impact of urban regeneration. The students were very impressed with the quality of the environment and the services on offer.



Later that day, they took the Tamar Ferry to Seaton, where they enjoyed a lovely lunch in the sunshine, before completing various beach surveys – these included bi-polar surveys and a beach sediment survey.

Students were fully engaged with the day's activities and were able to collect sufficient data for further analysis back in the classroom.

Due to the huge success of the trip, we will be returning with more Year 11 students in the autumn term.

Swimming For Charity



Year 7 student, Milo, recently set himself the challenge of swimming the distance of the English Channel, in order to raise money for Diabetes UK.

Throughout March and April, at St Austell Leisure Centre, Milo swam 22 miles before and after school, and successfully swam his target distance.

He said: 'I decided to try to swim the length of English Channel, because I want to help people with diabetes. My goal is to raise £100, but any more than that would be amazing'.

We are pleased to report that he has raised an amazing £360 for Diabetes UK, absolutely smashing his target! As a keen swimmer, he is now looking forward to his next swimming challenge.



Another keen swimmer here at Poltair is Year 9 student, Charlie.

Charlie has recently completed a 1.5km/60 length Swimathon, raising over £300 for Cancer Research and Marie Curie!

This was the culmination of all the swim training he has been doing as part of his Duke of Edinburgh Bronze Award.

A huge WELL DONE to both boys!

Transition Event Success



On Friday 12th May, we held our 4th Friday Evening Transition Event.

Future Year 7 students explored the wonderful world of words, with Miss Allday and Mrs Hancock, in our fantastic library. It was lovely to hear the students talking about their passion for reading and it was our pleasure to send them all home with a new book to read, as a thank you for attending.



Poltair +

Summer Term 2023 Activities Booklet



All of this term's Poltair Plus activities/clubs, are available to view on our website.

Click **HERE** to view it now!

Here at Poltair, the summer term kicked off with the launch of our brand new Poltair+ offer, which once again boasts a huge range of activities for students to choose from.

Our termly package of extra-curricular opportunities gives students the chance to participate in activities, acquire new skills and enhance their existing ones outside of the classroom. We strongly encourage all students to get involved, there is something for everyone!

In 2022 – 2023, **OVER 15,000** Poltair+ sessions were attended, **OVER 75** clubs/activities were on offer and **OVER 200** fixtures and/or events took place!

Term Dates



Half Term Break

Monday 29th May - Friday 2nd June

Last Day of Summer Term

Friday 21st July

