

Poltair School

Trevarthian Road
St. Austell
Cornwall
PL25 4BZ

Headteacher: Mr Richard Cardigan



www.poltairschool.co.uk secretary@poltair.celtrust.org 01726 874520

6th September 2024

Dear Parents/Carers

Re: PSHE Programme

I am writing to update you on our PSHE programme for the upcoming term.

In Year 7, students will be looking at the emotional and physical changes that take place during puberty, focusing on how to manage these changes. This will be delivered in an age-appropriate manner.

Year 8 students will be examining how to positively manage finances and budgets and consider the reasons that people might choose to gamble and the dangers of gambling addiction. Students will also look at in game gambling and where to seek help if needed.

In Year 9, students will be looking at what healthy and unhealthy friendships and relationships look and feel like and will also consider how to look for help when others seek to take advantage of or put young people in difficult situations. This will include some age-appropriate references to gangs and online exploitation.

Students in Year 10 will consider the reasons that people protest, and different arguments for and against protest methods. Students will consider their own opinions on current affairs and start to consider their own ideas about democracy and their place in it.

Lastly, Year 11 students will be exploring influences, managing and reviewing drug use in society, this will include some age-appropriate references to knife crime.

If you have any questions or comments about our PSHE provision, please do not hesitate to contact me via email: obate@poltair.celtrust.org Our Sex and Relationships Policy can be found on the school website where further guidance regarding statutory content and details of your parental right to withdraw your child from the programme

Yours sincerely

A handwritten signature in blue ink, appearing to read 'Ollie Bate'.

Ollie Bate
Head of PSHE