

Poltair School

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Headteacher: Mr Mark Everett



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14th December 2023

Dear Parents and Carers

Re: PSHE Programme – Spring Term

I am writing to inform you of what we will be covering next term in PSHE lessons here at Poltair School.

Year 7 will be focusing on Digital Literacy, including how to spot “fake news” on the Internet, using the internet safely, looking at scams and problems online, the impact of social media and how to deal with problems online.

Year 8 will be looking at choices and consequences of alcohol and some drugs, including caffeine, energy drinks and smoking. This will be taught in an age-appropriate way and focus on deterrence and understanding of consequences.

Year 9 will focus on Sex and Relationships, including the laws around consent, contraception and sexually transmitted infections. This will be taught in a sensitive and age-appropriate manner and focus on information and not encouragement.

Year 10 will be completing RE provision for this term.

Year 11 will focus on self-checking and information around cancer and where to seek help if needed, the laws and arguments around Abortion, where to seek help with issues around Domestic Violence and a review of contraception.

If you have any questions around PSHE provision at Poltair School, please feel free to email me at cprice@poltair.cornwall.sch.uk

Yours sincerely

Clare Price
Head of PSHE