

Poltair School

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Headteacher: Mr Mark Everett



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5th September 2023

Dear Parents and Carers

Re: PSHE Programme

I am writing to update you on our PSHE programme for the upcoming term.

In Year 7, students will be looking at the emotional and physical changes that take place during puberty, focusing on how to manage these changes. This will be done in an age-appropriate manner.

Year 8 students will be examining how to positively manage finances and budgets and consider the reasons that people might choose to gamble and the dangers of gambling addiction. Students will also look at in game gambling and where to seek help if needed.

In Year 9, students will be looking at what healthy and unhealthy friendships and relationships look and feel like and will also consider how to look for help when others seek to take advantage or put young people in difficult situations. This will include some age-appropriate references to gangs and online exploitation.

Students in Year 10 will consider the reasons that people protest, and different arguments for and against protest methods. Students will consider their own opinions on current affairs and start to consider their own ideas about democracy and their place in it.

Lastly Year 11 students will be completing Religious Education provision this term.

If you have any questions or comments about our PSHE provision, please do not hesitate to contact me via email on cprice@poltair.cornwall.sch.uk. Our Sex and Relationships policy can be found on the school website.

Yours sincerely

Clare Price
Head of PSHE