

POLTAIR *UNFILTERED*

Human Rights Day 2022

Human Rights Day 2022 will be held on December 10th, commemorating 75 years of the Universal Declaration of Human Rights.

What are human rights?

Human rights are laws inherent to all of us, regardless of nationality, gender, national or ethnic origin, colour, religion, language, or any other status. They are rights granted to us for the simple reason that we are human beings. They range from the most crucial - the right to life - to those that make life worth living, such as the rights to food, education, work, health, and liberty. The Universal Declaration of Human Rights (UDHR) was adopted by the United Nations in 1948 and was the first legal document to protect Universal Human Rights. We are all entitled to Human Rights as stated in many international conventions, declarations and resolutions.

The Universal Declaration of Human Rights States, "All human beings are born free and equal, in dignity and in rights. They are endowed with reason and conscience and should act toward

- Hold a candlelight vigil to commemorate those who



one another in a spirit of brotherhood."

This year on the 10th of December, a yearlong campaign will be launched to showcase the UDHR, focusing on its legacy, relevance and activism.

How can we mark Human Rights Day?

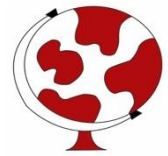
There are many things we can do to mark Human Rights Day, here are just a few:

- Talk about Human Rights Day in your tutor groups and ask if it can be mentioned in assembly.
- Make a poster about our rights, laws, and responsibilities.
- Have a candlelight vigil for those who have suffered human rights abuse.

- Write a letter to a government which is not upholding human rights such as the Cameroon government. Amnesty

International have more information about this.

Isobel (7GOE)



Fresh article

How many of us have bread for breakfast?

In this article, we will be covering the topic of bread.

Types of bread:

- Sourdough



- Baguette



- Ciabatta



I interviewed a few people.

The question was “Do you have bread for breakfast?”

Evelyn - “I used to have bread for breakfast all the time. Bread with butter is the best!”

Myya- “Sometimes I have toast”

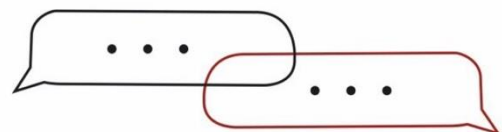
Mrs. Moore-” All I have for breakfast is toast!”

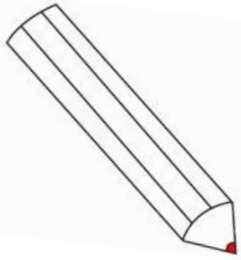
Macy-” I have toast with marmite for breakfast every day!”

So, this concurs that bread, specifically toast, is an immensely popular breakfast food. But it has its haters.

No bread haters were found at time of writing.

Fay (7GOE)





The Jokers Corner

1. What did one tectonic plate say when he bumped into the other?
Sorry, my fault!
2. Why is a scientist great at solving problems?
They have many solution
3. How do you keep warm in a cold room?
Go to the corner - there it's always 90 degrees.
4. Did you see Mr McNally with a piece of graph paper yesterday? I think he's plotting something.
5. Why did the teacher go to the Beach?
To test the water.

The Three Lions Roaring to Victory



Recently the English national team, led by Harry Kane, the Tottenham striker, has made their way out of group B of the group stage. Leaving Iran along with Wales out of the legendary tournament.

So, what's next?

After the group stages we move on. These are the dates and parts

1. December 9-10 - The World Cup quarterfinals.
2. December 10 - The Championship resumes.
3. December 13-14 - World Cup semi-finals.

Who do you think will win?



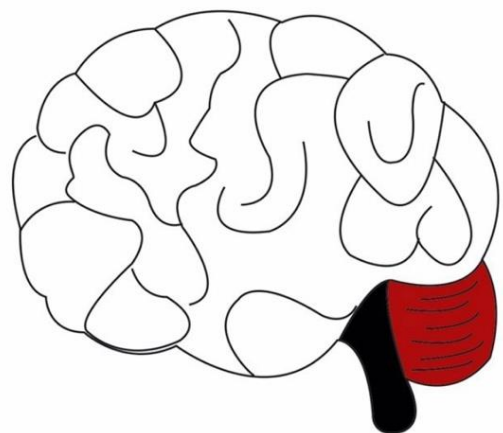
Isaac (80PY)

Mental Health tip of the week

Well done to everyone who has just completed either PPE's or end of term assessments!

Now, take a break and recharge

As the weather starts to get colder, make sure not to let the gloomy days lower your motivation, stay active and spend time with family and friends.



PREVIOUSLY IN THE WORLD CUP



Pos	Country	W	D	L	GD	Pts
1	 England	1	1	0	4	4
2	 Iran	1	0	1	-2	3
3	 United States	0	2	0	0	2
4	 Wales	0	1	1	-2	1

England doubts? Are they good enough to win?

Going into this tournament, England had high expectations and a lot of pressure to do well following the Euros last year. The Three Lions kicked off with a good result despite conceding two late goals to beat Iran 6-2. However, like so many previous tournaments (ahem 2020, 0-0 against Scotland) a disappointing 0-0 against the USA brings doubts about the capabilities of the squad. With a final group fixture against Wales, England must win to go top of the group and be ready for the knockout stages.

Rashford was not so pleased with the result but less with the fans, stating, 'We don't need fans to boo us to know we haven't played well.'

Of course, the majority of fans backing England are very confident that we will go far in this tournament and may even have the best shot at winning in decades.

Caleb (10SWA)

Where is Phil Foden?

Some have criticized Gareth Southgate with comments around the absence of Phil Foden.

Playing only around 20 minutes against Iran and missing from the squad the question about wasted talent has been circulating. However, in response, Southgate claims that 'Foden will play a big part for England' but has also stated that 'We are not just handing out caps.'

The game against Wales still gives room for Foden to play and hopefully we will see more Foden appearances throughout the campaign.



Year 7 & 8 Basketball

Adventures!

Recently, both the Year 7 and Year 8 Basketball Squads entered the Jr. NBA.

Throughout the year, each team will play 10 rounds of games against numerous schools in the Southwest Pacific conference. If successful, they will then go into the play-offs in a bid to win the Jr. NBA title!

On Thursday, December 1st the Year 7 Basketball Squad (pictured) travelled to Penryn College, to start their Jr. NBA season. They played 2 high-



intensity games against Penryn College and Newquay Treviglas. The Year 8s will be travelling to Penryn to kick-off their Jr. NBA season after the Christmas break.

Year 7 Netball Win

Last week, the Year 7 Netball Team played their final fixture of the year... and secured a brilliant 17-0 win!

The girls have worked incredibly hard this term, developing their netball skills. They have turned up to training every week and have played some tough matches but did not let that stop them.



Their dedication and enthusiasm towards the sport has been fantastic to see, we look forward

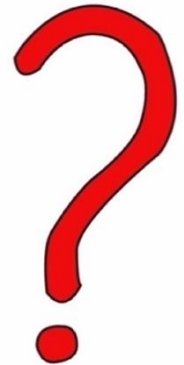
to seeing more from them next year... Well done girls!

The Riddle Master Challenge

As a tutor group, see if you can solve this riddle and when you do, email us the answer! The first tutor group in each tutor group to send us the answer will be added to our tally.

Then, whichever tutor group in each year has guessed the most

first by the end of the year wins



Poltairunfiltered@poltair.cornwall.sch.uk

**What has lakes but no rivers,
mountains but no stones and cities
with no buildings?**

A Message from the School



Last time I wrote here, I focussed on how much your attendance impacts on how well you do in school and in life. The more resilience you develop through school sets you apart from others and will reap benefits, in how well you do but also in how well you will respond to challenges and adversity. There has been a lot of illness about, and some very disturbing reports from around the country with children falling seriously ill.

The hard fact is that life is uncertain, we have all seen this through Covid, there will be significant challenges that you and others will face, you will not know where they come from or when they will come, but

through life as you grow older you will face them.

What will make you different and what will make you stronger is the confidence and determination with which you face them. I have been really impressed over the last few weeks, seeing the faces of some of you who are facing challenges and are not particularly well, struggling in, because it's the best thing for you. That goes for the teachers and support staff as well. Well done for your effort and commitment – you are really showing the determination and character that we expect of you.

With just a week to go until you all get a well-earned break, I am sure that many of you will be thinking positively about a time to recover and regroup before the next term. I have been extremely heartened by you and your families support for the Christmas box appeal, supporting families who may be struggling this Christmas. It has been amazing to see such generosity in time where everyone is feeling the impact of the cost of living. This will be the hardest Christmas for a lot of families that I have ever lived through, the cost of living has impacted hard, energy prices continue to rise as do fuel costs.

As a young person you do not always recognise the sacrifices that your parents or carers make and if I could give you one piece of advice over this time – thank them. They give up an awful lot for you, they do their very best to support you and look after you, and when things are tight, they may not always be able to give you exactly what you want, and you may not be able to thank them with presents, but you can always thank them with love and kindness.

- Mr M Everett
Headteacher

Have any Questions, or want something put in the paper, Email us!

Poltairunfiltered@poltair.cornwall.sch.uk

12/12/2022

Edited by Ella (11TWI)