

Crystal fact file

Jade

Jade is a highly valued stone that symbolizes gentleness, serenity, harmony, and balance in feng shui, or the practice of bringing balance to your life and home with energy. Jade has many meanings, including strength, luck, and good health. Jade is also revered for its healing properties, balancing the body's processes. Jade is believed to have several benefits which include increasing fortune, grounding, and exchanging maturity in relationships.

Jade is found in rocks that are formed under higher pressure than nephrite. Most known deposits of jadeite occur along, or near faults in serpentinites. Examples of this type of deposit are found in Myanmar, New Zealand, Canada, Taiwan, Guyana, Surinam, southern Europe, Russia, and China.



Tigers eye

Many people turn to Tigers eye no matter the variety to help detox the blood, to bring about good luck, courage, confidence, and emotional centeredness. Tigers Eye attracts prosperity, good luck, and abundance in your life. The stone will also give you confidence and attract wealth. These golden stones are great if you want success through money flow, opportunities, and business growth.

Tiger's Eye stone is a brittle, delicate, and opaque mineral that belongs to a rare group of minerals. It naturally appears in the territory of South Africa (the Orange River in the massive Door), Australia, Namibia, USA, Mexico, Burma, India, Russia, and Ukraine.



Jessica (7GOE)

The Bahrain GP

The first Formula 1 grand prix of 2023 happened in Bahrain, with Red Bull and Max Verstappen taking the win.

The first practice happened early on Friday morning and was led by Perez, with Alonso in second and Verstappen rounding out the top 3. The second practice was run under the lights with Alonso coming out on top with Verstappen in second and Perez in Third. The third practice was run on Saturday morning with Alonso topping the session again with Perez in second and Verstappen in third.

Qualifying would determine where the drivers start in Sunday's race so this session would be more important. Gasly, De Vries, Piastri, Magnussen, and Sargent would be eliminated. Not a great start for the 3 rookies in F1. Second qualifying saw, Albon, Tsunoda, Zhou, Bottas and

Norris get eliminated from Qualifying so then there were ten remaining for the shoot-out for pole. The 2 Red Bulls looked strong and got first and second on the grid with Leclerc in the Ferrari in third place. He will be the only non-Red Bull in with a chance in the race.

In the race, the 2 red bulls get a good start and are off in the distance with Alonso and Russel fighting for 6th in the opening laps. Alonso overtakes Russel into turn 4 and gets the overtake done. Further down Gasly is making moves after a bad qualifying. Alonso is catching Hamilton for 5th and gets the move done in turn 10. Leclerc's Ferrari breaks down on the exit of turn 13 from third. Alonso then is catching Sainz for a spot on the podium. He makes the move in turn 4. The final order was Verstappen, Perez, Alonso.

Ross (8DBR)

Dolphins

Top 10 facts about dolphins:

1. Dolphins are very aggressive to people, and other dolphins and even cause self-harm to themselves. This can be caused by captive breeding.

2. They are socially skilled, intelligent, agile, joyful, and playful creatures. Dolphins share many emotional similarities with human beings.

3. Dolphins do not typically mate for life. They are not monogamous animals, so they are constantly changing in size and number.

4. A dolphin snout, traditionally made from thick and very strong bone, is a biological battering ram.



5. Sharks dislike dolphins as they will position themselves several yards away from a shark's underbelly and jab them upwards, causing serious injuries.

6. Dolphins have exceptional hearing. They have a well-developed and acute sense of sound.

7. Not only do they recognise when to come up for air, but they also manipulate their circulatory system and can stay above water for about 8-10 minutes.

8. Used for storage, dolphins have two stomachs. This is mainly because they can digest double the number of fish each day (approximately 33 pounds of fish a day).

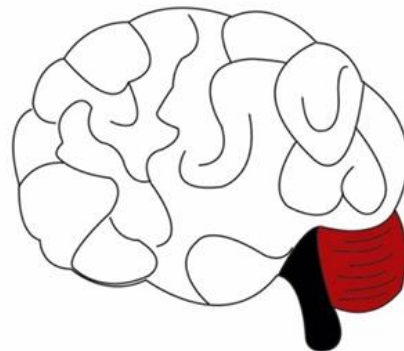
9. Dolphins can be found all over the world and even in different environments.

10. Underwater noise pollution is a lethal threat to dolphins, due to their unbelievable hearing.

Ellie (9SSP)

Mental Health tip of the week

Smile – Even for a short time, it can boost your mood greatly.



Dinosaurs

Carnivore

PALEONTOLOGY: BAROSAURUS MAY HAVE HAD 8 HEARTS!

Dinosaurs are a diverse group of reptiles of the clade Dinosauria. They first appeared during the Triassic period, between 245 and 233.23 million years ago, although the exact origin and timing of the evolution of dinosaurs is the subject of active research. Meat-eating dinosaurs were called CARNIVORES. There were about 100 types of dinosaurs who ate meat. Spinosaurus (which means Spine Lizard) was the largest meat-eating dinosaur, even bigger than the T-Rex.

Herbivore

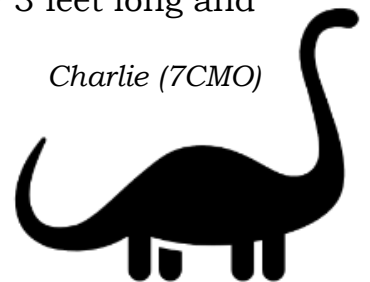
Estimates put the length of a Brontosaurus up to 72 feet. It took about 10 years for a Brontosaurus to reach its full adult size. The Brontosaurus was a herbivore. Paleontologists believe the Brontosaurus had a lifespan of up to and maybe even over 100 years. Brontosaurus had a long, thin neck and a small head adapted for a herbivorous lifestyle, a bulky, heavy torso, and a long, whip-like tail. The various species lived during the Late Jurassic epoch, in the Morrison Formation of what is now North America and were extinct by the end of the Jurassic.

Triceratops is a genus of herbivorous chasmosaurine ceratopsid dinosaur that first appeared during the late Maastrichtian stage of the Late Cretaceous period, about 68 million years ago in what is now North America.

Omnivore

Omnivores are a type of dinosaur that eats both plants and animals. This means they will eat anything from leaves to other animals such as small mammals, fish, or birds. They have a variety of characteristics, including differently shaped teeth that help them chew meat more easily than plant material. An omnivore, the Ornithomimus ate both plants and animals. While some omnivorous dinosaurs had both sharp and flat teeth, dinosaurs like the Ornithomimus didn't have any teeth. Instead, they used their long beaks like scissors to chop food up into manageable pieces. Eoraptor. The first dinosaur we'll focus on is Eoraptor, and this dinosaur was likely an omnivore (but more on that shortly) and it lived about 230 million years ago. This dinosaur was only 3 feet long and 25 pounds.

Charlie (7CMO)



My top ten dishes around the world

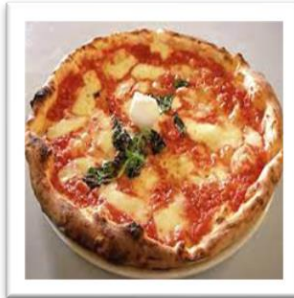
Massaman curry, Thailand. A rich, flavourful yellow curry.



Hamburger, Germany. A beef patty, often served with chips.



Neapolitan pizza, Italy. A well-known favourite, with tomatoes and mozzarella cheese.



Penang assam laksa, Malaysia. A soup with mackerel and a sour taste.



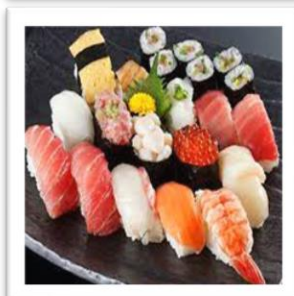
Chocolate, Mexico. Coarsely ground cocoa with chilies, nuts, and spices.



Tom yum Goong, Thailand. A soup with lemongrass and soup.



Sushi, Japan. A variety of ingredients, mainly raw fish, and rice.



Ice Cream, China. Originally, a milk and rice mixture frozen in snow.



Pecking Duck, China. Thinly sliced with crispy skin.



Chicken Muamba, Gabon. A chicken stew flavoured with garlic, chillies, and vegetables.



Athena (9GOW)

The Riddle Master Challenge



As a tutor group, see if you can solve this riddle and when you do, email us the answer! The first tutor group in each tutor group to send us the answer will be added to our tally.

Then, whichever tutor group in each year has guessed the most first by the end of the year wins!

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**What came first, the chicken or the egg? –
Controversial, yes, but there technically is a correct
answer. Can you figure it out?**

The Wonderful World of Words

During a Year 6-7 transition event, some students who will be joining Poltair next year took part in a creative writing activity. Here is some of their best work:

A winding path cut through the enchanted woodland, weaving past colourful flowers and winding, tangled trees. Animals flocked the picturesque undergrowth and bird song filled our ears.

- Callen

The leaves whistled while the grass shivered in the smooth breeze.

- Harrison

I had just moved into an old, decaying house: the floorboards were creaky, the carpet was mouldy and the wallpaper was peeling off.

- Madi

Fluffy clouds floated by, giant floating cotton in the beautiful mixture of the dark and light sky.

- Rosalie

The golden, Autumn leaves were falling off the trees like confetti. The birds were singing beautifully as the vivid lilac tree was waving calmly in the wind.

- *Miwa*

I looked around. Flowers swayed in the bitter, cold air, the clouds like candyfloss in the sky.

- *Emily*

Nearby, the dandelions floated and twirled, the flowers were covered in green. Birds flew past gracefully.

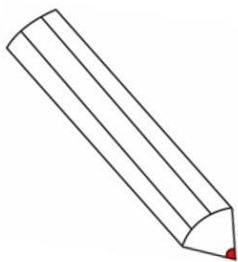
- *Milly*

The blue sky covered us like a blanket as we slipped onto the field happily. The smell of freshly cut grass filled my nose.

- *Ethan*

Daisies, with small drops of dew, danced like they were in a fancy, posh ballroom.

- *Izzy*



The Jokers Corner

Why don't Scientists trust atoms?

Because they make up everything.

A Message from the School



It has been a busy time since I last wrote for the newspaper, and a lot has happened during that time. We are now fully into the exams for year 11 & I have been incredibly impressed by the commitment, determination & resilience of Year 11, they are certainly setting an example for the rest of the school. During challenging times like exams, we can all beat ourselves up about missed revision, or missed work, but the commitment that you are all showing to your education and school is fantastic. Our school day is longer than most of the schools around us & when you count the extra time that you are putting in, then this is something to celebrate and feel proud of.

We are exceptionally proud of you and all our visitors have been incredibly impressed by you as well. We have been visited a lot over the past few weeks, from colleagues across the county and beyond, all of whom have come to learn from what you have achieved in the school. I say what you have achieved as it is very much the buy-in attitude that you show to the school, the way that you engage with the activities, the way you own your own learning, the way to take responsibility for your actions and the way you have grown in both character and confidence.

You are what makes the school a very special place and a place where staff are proud to work, and I hope that you are proud to attend.

- Mr M Everett
Headteacher

Have any Questions, or want something put in the paper, Email us!

Poltairunfiltered@poltair.cornwall.sch.uk

- 26/05/23

Edited by Caleb (10SWA)