

PSSP Newsletter

Spring



Autumn Recap



During the Autumn Term PSSP ran 15 events for over 1000 local primary school children. With events such as, multi skills, dance, inclusion festivals, rounders, basketball, fitness & touch rugby. The children were given the opportunity to get active and meet new friends.

Our touch rugby event was supported by Cornwall RFLC, who support us every year in providing a fun developmental event. Studio4Dance ran our dance festival for KS1 with the Disney theme 'Bear Necessities'.



Poltair School Sports Partnership is a dynamic initiative committed to fostering a culture of physical activity and well-being among primary school students in the local community. Through collaboration, innovation, and a passion for promoting an active lifestyle, this partnership plays a crucial role in providing diverse opportunities for pupils to engage in sports and physical activities supporting local primary schools. Poltair School Sports Partnership works closely with its feeder schools to create an inclusive and supportive environment for physical activity. By providing resources, expertise, and a network of experience, the partnership empowers schools to develop and enhance physical activity. This collaborative approach ensures that every child, regardless of ability or background, has the chance to participate in a wide range of physical activities, while growing in confidence and character by representing their primary school.

In School Delivery

During Autumn half term we had the pleasure of delivering gymnastics/fundamental movement skills in Luxulyan, St Mewan, St Stephens, Mevagissey & Pondhu. This not only gave the children the chance to try something new but it also acted as CPD to upskill staff in the primary schools. This half term we are visiting Carclaze, Charlestown, Sandyhill, Mount Charles and Bishop Bronescombe.

Coming up this term



29th January	Dodgeball Festival	Year 1/2
		Year 3/4
2nd February	Cross Country Race 3	Year 4
		Year 5
		Year 6
5th February	Dodgeball Festival	Year 5/6
19th February	Ultimate Frisbee Festival	KS2
24th February	Cross Country Race 4	Year 4
		Year 5
		Year 6
1st March	Cross Country Festival	KS1

Poltair Sports Leaders



Poltair Sports Leaders are integral to the successful delivery of activities every Monday by actively participating in planning, demonstrating leadership, ensuring safety, and fostering a positive and inclusive atmosphere. Their commitment to promoting physical activity contributes to the overall well-being and development of the school community.

These special young people learn many skills throughout their time as sports leaders, including communication and interpersonal skills, teamwork and collaboration, problem-solving and decision-making, organisational and planning skills to name a few. This set of skills will set them up for their future beyond Poltair.

Our sports leaders also gain recognition through the Countywide Leadership Programme Time2Lead.

This programme, gives them the skills to become an excellent leader which means being able to:

Communicate effectively with a team and audience.

Have an awareness of mental health and how it affects people.

Plan, prepare and work as a team.

Challenge themselves to go the extra mile.



School Games

Coming up this term



Primary

11th March	Sportshall Athletics	Year 3/4
		Year 5/6
	Girls Football	Year 3/4
		Year 5/6
18th March	Mid Cornwall Cross Country	Year 4
		Year 5
		Year 6

The School Games, which is funded by Sport England and delivered by the Youth Sport Trust, is a government led programme designed to deliver competitive school sport to those young people who currently do not get to represent their school in sports and who would benefit from these opportunities the most.

A network of School Games Organisers (SGOs) and Local Organising Committees (LOCs) have worked alongside the Youth Sport Trust in delivering this program of competition since the Games' inception in 2010.

This network currently services in excess of 16,000 registered schools who compete across School Games' competitions.

In Cornwall, we will use the School Games as a vehicle to help more young people be physically active who, currently, do not engage with physical activity. We will also target the program at young people who have barriers to accessing physical activity to engage those most at risk of being inactive.

Secondary

25th January	Girls Football	Year 7/8
		Year 9/10
30th January	Boys Football	Year 7/8
		Year 9/10
7th February	Mixed Touch Rugby	Year 7/8
	Boys Touch Rugby	Year 9/10

Spring Finals Friday 22nd March

Cross Country Finals Monday 25th March



Department
for Education



Christmas 2023

Poltair School ran its Time2Move holiday club for three days over the Christmas break, with over 30 children attending each day. Children were able to take part in many different sports and create Christmas decorations and gifts to take home for loved ones.

Poltair hosts a Time2Move holiday programme for young people in the community each Easter, Summer & Christmas, to help develop physical and social skills.

Easter 2024

Look out for news of our Easter Programme coming soon.



SUPER SIXES

Every Easter and Summer holiday we run an exciting transition programme for students who are joining us the following September.

Students are able to participate in many activities that help them develop their skills, grow in confidence and make new friends. Making the move to 'big school' as smooth as possible.

#WEAREPOLTAIR

Look out for news of our Easter programme in our transition letter to parents/carers in March !

For all activities'
and bookings visit
the Playwaze
Website -



The Time2Move Holiday Programme offers fun physical activities, games and wider activities plus a meal for all children.

Activities take place across the Easter, Summer and Christmas holidays. All children aged 5 to 16 are welcome to attend and it is completely funded for children that are eligible for benefits-related Free School Meals.

The activities are all delivered by approved providers with the main focus on fun and enjoyment.



Girls Football Partnership



#LetGirlsPlay Biggest Ever Football Session

On Friday 8th March 2024 the third annual #LetGirlsPlay Biggest Ever Football Session will take place, with the aim to get as many girls as possible all playing football on the same day in schools across England.

To sign up for the event, teacher and schools and register [HERE](#)

School signed up to date:

- ✓ Newquay Junior Academy
- ✓ Brannel School
- ✓ Poltair School
- ✓ Roche School
- ✓ Fowey River Academy
- ✓ Nanpean CP School

Barclays Girls' Football School Partnerships by England Football (BGFSPs) is a nationwide scheme that aims to mainstream football in schools for girls. Supported by the Youth Sport Trust the initiative will create a network of BGFSPs across England by 2024, each with a dedicated education expert with knowledge and understanding of education and girls' football in their local area.

The Barclays investment will give girls the best chance to experience football in the PE curriculum, as well as the opportunity to participate, lead and compete – giving them the equal access to our much-loved national game as most boys currently enjoy.

Disney Inspired Shooting Stars

What is Disney inspired Shooting Stars?

Unlock your pupils' imaginations with the magic of Disney inspired Shooting Stars.

A primary school programme for girls, they are challenged to unlock their inner superhero. From developing fundamental movement, speaking, and listening skills to introducing basic football skills, this is something not to be missed!

How can I get involved?

It's really easy...

1. Click on 'Get Started' button below
2. Register to get involved
3. Complete the training at a time and speed that suits you



Save the Date!

- ⚽ FA PE TEAM Secondary Teacher CPD - Tuesday 30th April - Poltair School
 - ⚽ FA PE TEAM Primary Teacher CPD - Wednesday 1st May 2024 - Bodmin Leisure Centre
- Details to be emailed to schools in due course

Inclusion



Inclusion 2024 – Live

Monday 29th January – Friday 2nd February
A week of free, interactive online inclusion webinars

Inclusion 2024 Live is an interactive online week of free to access, virtual Special Educational Needs and Disability (SEND) Inclusion webinars. The week provides the opportunity for teachers, school staff, community providers and sports organisations to listen to and learn from experienced practitioners and young people. To book on any of the sessions below, please register using the link at the bottom of the page.

Monday 29 January - 3:30pm - 4:30pm

Sensory Circuits

This CPD session will include a brief look at the theory behind Sensory Circuits, providing lots of practical, actionable examples of how to deliver it within your setting. This will include how to set up a sensory circuit with and without equipment, including how to adapt to the cognitive and physical needs of CYP. This CPD session is aimed at SEND and Primary practitioners.

Tuesday 30 January - 3:30pm - 4:30pm

Beyond the school gates... Sport, PE & Preparing for Adulthood through the eyes of 'Experts by experience'.

In this session we will explore the impact of PE and sport on Preparing for Adulthood (Pfa) and sustainable long-term outcomes for young people with additional needs. Learners with SEND often experience the most significant drop off in participation & fitness activity at key transition points (primary to secondary, post 16 and into adulthood). As professionals perhaps the biggest impact we can have is to connect learners and families with clubs and facilities in their community and help foster a love of sport and staying active beyond the school gates.

Wednesday 31 January - 3:30pm - 4:30pm

Youth Panel

Back by popular demand from last year we will be hosting a panel of young people who will talk about their experience of school sport and physical activity. They will also share their experience of what sport and physical activity means to them and how it has had a positive impact on their lives.

The interactive session will also give the audience a chance to ask questions directly to the young people. Members of the panel are:

Josh – Josh is 23 and lives with autism. Josh is passionate about physical activity and the benefit it brings not only to himself but to other young people in schools. He's determined to one day become a coach himself.

Chelsea – Chelsea is 19 and on the goalball panel. She is a passionate and determined sports person playing her sport both with her family and teammates.

Jacob – Jacob is 20 years old currently at university studying Sports Science at Nottingham Trent University. He plays goalball and is on the GB talent pathway.

Matthew – Matthew is 21 and is a tennis player with a learning disability and dyspraxia. He is a passionate sports person and has just returned from the Special Olympics world games with a gold and bronze medal. Voted York Sport Young Disabled Person of the year in 2019 and 2022, Matthew is keen to share his experiences with others.

Balraj – Balraj is 23 and has lived with multiple sclerosis since he was 18. He is an enthusiastic and passionate advocate for disability and social impact causes. He is looking forward to building his public speaking career further and will share some amazing life experiences such as being President at Aston University.

Thursday 1 February - 12:30pm - 1:30pm

Are You Listening? Strategies for Communicating Effectively with SEND Students

In this session - led by Occupational Therapist Faith Newton - you will:

- * Learn about the communication challenges that autistic and ADHD young people face at school.
- * Explore some common differences between neurotypical and neurodivergent communication.
- * Take away practical strategies to make your communication more effective and more inclusive.

Friday 2 February - 12:30pm - 1:15pm

Inclusion 2024 Impact

Hear from our external researchers on the impact Inclusion 2024 has had so far, listen to stories from practitioners that have been involved in programmes and have the opportunity to ask questions to the session hosts. This session will be led by Amy Skipp from ASK research.

REGISTER